

LESSON 3 — PROPORTIONS

# Practice Sheet

**EXERCISE 1 — COMPARATIVE MEASURING**

The head unit is marked. Use it to mark off the correct number of heads for a 7.5-head figure.

1 HEAD	HEAD
	CHEST
	NAVEL
	CROTCH
	MID THIGH
	KNEE
	SHIN

**EXERCISE 2 — ANGLES & STRAIGHT-LINE BLOCK-IN**

Block in each pose outline using straight lines only — capture gesture and angles, not surfaces.

POSE 1	POSE 2	POSE 3
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**EXERCISE 3 — NEGATIVE SPACE OBSERVATION**

Draw only the shapes of the spaces BETWEEN and AROUND objects — not the objects themselves.

← shade the negative space, not the object

Tip: Hold a pencil at arm's length to measure angles. Trust what you measure, not what you think you know.